

CONDITION AT THE TIME OF DISCHARGE

Receiving person signature: Shikha Das

Review on date: _____ Time: _____

For appointment and in case of any general queries, please WhatsApp message to 8496922222 or contact

Secretary Vijaya - 6364465964

In case of any Medical emergencies please contact, MOD: 9900255644

Phone No: - 9739046012 (SHO Duty Cardiology)

Narayana Health provides video consultation, across all specialities. Consult our Super Specialist doctors from the comfort of your home. You can avail this service using this link: <https://video.narayana.health/>
"Please send a WhatsApp message to 9620785527, if you have any clinical queries or for assistance."

ADVICE AT DISCHARGE

Review with Dr. Sathya Narayana D on prior appointment / Secretary at Narayana Health Institute of Cardiac Sciences OPD

Life style modification and physical activity as advised by cardiac rehabilitation team.

Follow up after 1 month through video consultation

DIETARY ADVICE

PLEASE FOLLOW NUTRITION ADVICE GIVEN BY DIETICIAN (if applicable)

MEDICATION AT DISCHARGE

TAB ECOSPRIN 75mg (Aspirin)	0-1-0 till review (after food)
TAB BRILINTA 90mg (Ticagrelor)	1-0-1 till review (after food)
TAB CRESTOR 20mg (Rosuvastatin)	0-0-1 till review (after food)
TAB REPACE 50mg (Losartan)	1-0-0 till review (after food)
TAB PAN 40mg (Pantoprazole)	1-0-0 for <u>10 days (20 min before breakfast)</u>

To continue treatment of diabetes mellitus and hypothyroidism as advised by Endocrinologist

CROSS CONSULTATION

- Dr. Shalini Rajesh, DIABETOLOGY on 31/05/2023

EMERGENCY MANAGEMENT

Contact Details: In case of any queries or emergencies please contact, Phone No: