

Attendance Date: 16/01/2024

Attending M.O.: HUTCHINSON, LAURA

### ED DISCHARGE REFERRAL – eMEDS

<b>Patient Name:</b>	HOSSAIN, Jamal	<b>Sex:</b>	Male
<b>MRN:</b>	0854060	<b>DOB:</b>	25/06/1981
<b>Pt Address:</b>	OVERSEAS OVERSEAS Ove 9990	<b>Indigenous Status:</b>	Neither
<b>Pt Phone:</b>		<b>Language spoken at home:</b>	BENGLI
<b>General Practitioner:</b>	<b>CHOWDHURY, MAMUN MOHIUDDIN</b>	<b>Interpreter Required:</b>	NO
<b>GP Address:</b>	BHC Medical Centre 53 Railway Pde LAKEMBA NSW 2195	<b>Carer:</b>	None recorded
<b>GP Phone:</b>	02 9759 1244	<b>GP Fax:</b>	02 9759 1033

#### Diagnosis

Shortness of breath (Discharge)

#### ADMISSION SUMMARY

##### Summary of Progress

Dear Doctor,

Thank you for seeing Jamal HOSSAIN, a 42-year-old gentleman, who presented to Canterbury Hospital Emergency Department on 16/01/2024 with 2 week history of generalised chest tightness and difficulty breathing. Jamal is currently visiting family in Australia from Bangladesh. On examination, he was saturating well on room air. Chest sounds were vesicular and heart sounds dual, no murmur appreciable. He did not have any calf tenderness or swelling bilaterally. He was worked up including with bloods (troponin, 5 d-dimer non-elevated, inflammatory markers non-elevated). ECG was sinus rhythm. Chest x-ray did not reveal any obvious consolidation, pneumothorax or effusion. Jamal was deemed safe for discharge with the following plan:

- simple analgesia for pain as required:
- paracetamol (Panadol), up to 1 gram (2 tablets) every 6 hours
- ibuprofen (Nurofen), up to 400mg (2 tablets) every 8 hours with food – for a maximum of 5 days
- follow-up with GP in 3–5 days. GP to kindly:
  - monitor progress
  - consider referral of patient to outpatient cardiologist for further investigation/management
  - chase formal chest x-ray report
- seek medical attention/present to ED if further chest pain, shortness of breath, fainting or other concerns arise

Kind regards,  
A Liao  
ED Intern

Over the counter  
Trial gaviscon  
for reflux.

Rikodiene cough  
syrup  
for night time  
cough.