

CONSULTATION SUMMARY

Patient MRN : 10010001013615
Patient Name : Mr Nikunja Debnath
Gender/Age/Dob : Male , 57 Years , 01/01/66
Patient Phone No : 9233004852
Patient Address : jashpur,Dhaka,Dhaka,
Bangladesh

Consultation Date: 04/03/2023 09:20 AM
Consultant : Dr. Devi Prasad Shetty (CARDIAC
SURGERY - ADULT)
Consultation Type : OP , FOLLOW UP



ADVICE

Advised to continue medical treatment and to take Nitromint spray SOS sublingual route whenever gets chest pain, maximum of five times in a day but one spray at a time.

Review after 1.5 years with repeat CAG for follow up.

Diet chart -

Limit Cooking oil usage to 400 - 500 ml per month.

Do not burn or reuse the cooking oil.

Avoid outside oily food items.

Avoid excess quantity of low carbohydrates food as it gets converted into fat in our body like White Rice, White Atta (Maida), Potato, Root vegetables, Honey, Sugar, Jaggery, Fruit Juice.

Use salt only in cooked food, avoid top-up salt.

Avoid bakery foods and dry fish.

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- Came for evaluation of : Blockages in the heart.
- Chest Pain : ON&OFF
- Giddiness : MILD (ON&OFF)
- Heart Attack : ON NSTEMI 27/1/2023.
- Palpitation : ON&OFF
- Fatigue :
- Cough :
- Frozen shoulder :

COMORBIDITIES

- Kidney Impairment , CKD
- Hypertension
- Diabetes

INVESTIGATION RESULTS