

OPD CONSULTATION

PSYCHIATRY



Patient Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr Arunava Datta
Gender / Age : FEMALE/45 Years	Degree : MBBS, MD (Psychiatry)
MRN : UID110000234283	Reg. No : 65283
Address :	Designation : Consultant
Mobile No : 01729784212	Consultation Dept : Psychiatry
Consultation Type : REVISIT	
Consultation Dt : Dec 23, 2023 10:02 AM	

VITAL SIGNS (As applicable) P-2 10:3 am 10:11 am

Pulse(/min): 86 bpm BP: 120/80 mmHg Temp (°F): SPO2: 97 %

Weight (kg): 55.6 kg Height (cm): Head Circum.: BMI:

Chief Complaints

*Anger reduced
Fearful*

History of Present Illness

MSE (Mental Status Exam)

normal

Physical Examination

Lab Investigations

Radiology Investigations

Provisional Diagnosis

FULB

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

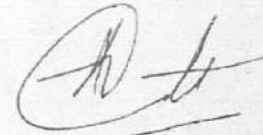


Medicine Advice

- Rx
- ① Tab Osule 50mg (after tea)
 - ② Tab Sibelium 5mg (after tea)
 - ③ Tb Maxgalin M 75 (after tea)
 - Tb Clonohal 0.5mg (after tea)

1/2 - Take tablets of each (if)
 - Regular physical exam

Review in 3 months


 22/12/23
 DR. ARUNAVA DATTA
 MD
 Consultant Psychiatrist
 Regd. No. West Bengal 65267

FOLLOW UP AFTER

Day(s)	Week(s)	Month(s)
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Consultant Seal & Signature

- Do not stop / change / increase / continue / reduce / substitute the medicine without advice.
- Stop medication if skin rash appear and report. *Do not drink alcohol.
- Medicine dispensed more than prescribed is not doctor's liability.

"End of Consultation"



SPANDAN

DIAGNOSTIC CENTRE PVT. LTD.

"Crescent court", Jhankar More, Burdwan Road, Siliguri -734404

Ph. (0353) 2503076 Mob. 8373077222

E-mail : spandan.siliguri@gmail.com / Visit Us : www.spandanhospital.in

Patient Name :	NASRIN BEGUM	Patient ID :	0152
Modality :	USG	Sex :	Female
Age :	46Y	Study :	BOTH BREASTS
Ref. Dr. :	DR. SINDHU BALA,MS(G&O)	Study Date :	Wednesday, July 05, 2023

DEPARTMENT OF USG
REPORT ON EXAMINATION OF BOTH BREASTS

FINDINGS:

- Glandular structures in both breasts appear normal.
- The ductal systems appear normal.
- No collection / SOL / calcification is seen at present.
- Nipple & areola appear normal.
- The subcutaneous tissue, muscles and fat planes appear normal.

BILATERAL AXILLA:

Both axilla appear normal. No evidence of lymph node is seen.

IMPRESSION: USG of both breasts does not reveal any significant abnormality.


DR. AVNEET KAUR
MD, RADIO-DIAGNOSIS
CONSULTANT RADIOLOGIST

Disclaimer

Medical discrepancy, this investigation may be repeated or assessed by other tests. This report can not be utilized for any medico legal purpose.

Dr. (Mrs.) Sindhu Bala

B.B.S., (GOLD MEDALIST)
D. (PGI, CHANDIGARH), DNB
Consultant Gynaecologist & Obstetrician
fertility Specialist
eg. No. WB 75441
Job No. 9749322045

Chamber :
AROGYA NIKETAN NURSING HOME &
MATERNITY HOME
S. P. Mukherjee Road, Khalpara, Siliguri
Phone : 0353-2501601, 7365053181 (OPD)
Time : 12 A.M. to 2 P.M. & 7 P.M. to 8 P.M.

SUNDAY CLOSED

Mrs. Masomat nasir Beyer Date 5/07/2023

Ref. No.

461F

0 +Mastectomy done 2019
0 pain in r/w Breast

CSU - Both Breast
BSC
TSU
S holechi
vit D3
RB3
RFE uni
unuly

Gx - 2ty
2 + 1 B7 - G1 - GTRD CS - hemk
G2 - L.S.C.S
30 - 120170 13 - Boy

TAM + BSO was done
for BL ovarian tumor
2. 4 CA125

GPE Anye build

Both breast
fibs (r)

- (i) Cap Emier (400) 2ml
- (ii) 206 hormone test - 3ml
(500) 0 ->
- (iii) Cap upni D3 only over 3ml
- Cap Calcium 150 - 3ml

For appointment: 8101971738

Sudh

OPD CONSULTATION



Patient Name	: Mrs MST. NASRIN BEGUM	Consultant Name	: Dr. SINDHU BALA
Gender/Age	: FEMALE/41 Years	Degree	: MBBS, MD,DNB
ID	: UID110000234283	Reg. No	: W BMC75441
Mobile No	: 01729784212	Designation	: Consultant
Consultation Type	: FIRST VISIT	Consultant Dept	: Obstetrics and Gynaecology
Consultation Dt	: May 28, 2019 10:09		

VITAL SIGN			
PULSE RATE	: 90	BP	: 120/80
WEIGHT	: 51.6 kg	HEIGHT	: 5' 4"
		TEMPERATURE	: 98.6
		HEAD CIRCUMFERENCE	: 21.5

90 Pain in the abdomen
 Pain in the breast
 consulted many doctors

→ USG. Breast
 → USG - whole abd
 = TVS Pelvis

Rx Lyntan

→ TSH 4

P2 taking medicine for neurological problem

→ CBC H
 → vit D3 - 4
 → RBS - 96

Q
 1/2 vit B12 (1000) (hr)
 1/2 Cap dory (100) = 7ed
 1/2 Cap uprisi B3 weekly once
 1/2 Cap Amycin (100) @ = stat

- ① Cap dory (100) = 7ed
- ② Lab Pathin DSR = 154
- ③ Cap uprisi B3 weekly once
- ④ Cap Amycin (100) @ = stat

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

Dr. SINDHU BALA

Dr. Wadum
(gastroenterologist)

✓ CA 125
112

R. ovary - 7.7 x 4.4 x 6.5
left ovary 4.9 x 4.5 x 3.6
cyst

→ Lipidic cyst 1M
(3.75)

→ 2016

}

→ Lab Hyeronam (12.5) 4+ dendy

055. Pelvis

2

OPD CONSULTATION



Pat Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr. SINDHU BALA
Sex/Age : FEMALE/41 Years 16 Days	Degree : MBBS, MD,DNB
UID : UID110000234283	Reg. No : WBMC/75441
Phone No : 01729784212	Designation : Consultant
Consultation Type : REVISIT	Consultant Dept : Obstetrics and Gynaecology
Consultation Dt : June 13, 2019 09:38	

VITAL SIGN

PULSE RATE :	BP :	TEMPERATURE :
WEIGHT :	HEIGHT :	HEAD CIRCUMFERENCE :

a can b Bl anwar apt e
Raisol CA 125

① mds TAH + BSO e Obstet/Gyn
Estimation of CA 125 and lymphadenopathy on
schmaircentin 20/6/2019

② mds neurological opinion
clearance

Thyroxine (15)

(3) Echo cardiography, now

- BI Imp Th
- ECC
- HIV
- HBsAg
- HCV
- TSH
- RFT

today

1 admit 19/6

PAC

(3) Book of for 20/6 (9 AM)

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

Dr. SINDHU BALA

PD CONSULTATION



Name	: Mrs MST. NASRIN BEGUM	Consultant Name	: Dr. SINDHU BALA
Sex/Age	: FEMALE/41 Years 25 Days	Degree	: MBBS, MD,DNB
UID	: UID110000234283	Reg. No	: W BMC75441
Phone No	: 01729784212	Designation	: Consultant
Consultation Type	: REVISIT	Consultant Dept	: Obstetrics and Gynaecology
Consultation Dt	: June 22, 2019 10:12		

VITAL SIGN

PULSE RATE	:	BP	:	130/90	TEMPERATURE	:
WEIGHT	:	HEIGHT	:		HEAD CIRCUMFERENCE	:
	:	50.1kg	:			

a case of BL ovarian cyst c + SA 125

admit

CBC 10.3
RBS 131
AB 2

12BSM
HCV - 18 } mg
HIV
+ SH 2.5

2 PAE

(3) keep NPO after 1 AM

(1) Book OT for TAH + BSO
omentectomy 11 AM +

(2) To arrange one unit of blood

(3) Shave of the abdomen

(4) Infuse OT

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

Dr. SINDHU BALA

CONSULTATION



Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr. SINDHU BALA
Age : FEMALE/41 Years 25 Days	Degree : MBBS, MD,DNB
UID110000234283	Reg. No : WBMC75441
No : 01729784212	Designation : Consultant
Consultation Type : REVISIT	Consultant Dept : Obstetrics and Gynaecology
Consultation Dt : June 22, 2019 10:12	

VITAL SIGN	
PULSE RATE :	BP : $\frac{130}{90}$
WEIGHT : 50.1kg	HEIGHT :
	TEMPERATURE :
	HEAD CIRCUMFERENCE :

a case of BL. amenorrhea w/ + CA 125

↑ admit

→ 2 PAC

(3) keep NPO after 1 AM

① Book OT for TAH + BSO
tomorrow 11 AM +

② To manage some units of blood

③ Shave of the abdomen

④ Infuse OT

CBC 10.3

RBS 131

AB^w

WBSM

HCV - 18

HIV

+ SM 2.5

mg

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

Dr. SINDHU BALA

OPD CONSULTATION

Patient Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr. SINDHU BALA
Gender/Age : FEMALE/41 Years 1 Month	Degree : MBBS, MD,DNB
UHID : UID110000234283	Reg. No : WBMC75441
Mobile No : 01729784212	Designation : Consultant
Consultation Type : REVISIT	Consultant Dept : Obstetrics and Gynaecology
Consultation Dt : July 6, 2019 09:17	

VITAL SIGN		
PULSE RATE :	BP : 110/70	TEMPERATURE :
WEIGHT : 50 kg	HEIGHT :	HEAD CIRCUMFERENCE :

- ad
- 1 Continue Sachts
 - 2 Follow up — after 1 month
(10/8)
 - 3 Lab Enzyme D — (SOS)

97493-22045

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

Dr. SINDHU BALA

1ST CONSULTATION



Patient Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr. SINDHU BALA
Gender Age : FEMALE/41 Years 1 Month	Degree : MBBS, MD,DNB
UID : UID110000234283	Reg. No : WBMC75441
Mobile No : 01729784212	Designation : Consultant
Consultation Type : FOLLOW UP	Consultant Dept : Obstetrics and Gynaecology
Consultation Dt : July 3, 2019 09.34	

VITAL SIGN

PULSE RATE : _____ BP : 120/80 TEMPERATURE : _____

WEIGHT : 50.6 Kg HEIGHT : _____ HEAD CIRCUMFERENCE : _____

come after surgery

shel his (h)

- ① Remove skin —
- ② Cep Ceftriax 150 — 1ml
- ③ Zeb Zimicin 200 — 5d
- ④ Zeb Emason D — 5d
- ⑤ T. Bact control 10 d
- ⑥ Char e spiril — 10 d
- ⑦ Cep Par D — 15d

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

DR. SINDHU BALA

D CONSULTATION



patient Name : Mrs MST. NASRIN BEGUM	Consultant Name : Dr. SINDHU BALA
Gender/Age : FEMALE/41 Years 3 Months	Degree : MBBS, MD,DNB
AID : UID110000234283	Reg. No : W BMC75441
Mobile No : 01729784212	Designation : Consultant
Consultation Type : REVISIT	Consultant Dept : Obstetrics and Gynaecology
Consultation Dt : September 4, 2019 10:51	

VITAL SIGN			
PULSE RATE :	BP :	120/90	TEMPERATURE :
WEIGHT : 50.6 kg	HEIGHT :		HEAD CIRCUMFERENCE :

Go weakness

USG when abdomen
 - R/E urine
 - CBC

E2 level
 FSH

- TSH
 - vit D3

① Cap calcitriol 1.50 (8ml)

② Cap asprin D3 weekly once

③ - come 2 night

④ 100 mg sibitor (2.5) (2ml)

To con after 3 mth

PLEASE BRING THIS PRESCRIPTION ON EACH VISIT

RADIOLOGY REPORT

Patient Name	: Mrs. MST. NASRIN BEGUM	Requested By	: Dr. SINDHU BALA
Age/Sex	: 41Y/F	Order From	: OPD
MRN	: UID110000234283	Report Date &	: 29-5-2019 11:30:3
Procedure Date	: 29.05.2019	Time	

UTERUS :

Uterus measures 11.2 x 4.4 x 5.2 cm. Uterus is bulky in size, with normal shape and outline showing homogeneous parenchymal echotexture. No focal lesion is seen. Endometrium thickness is normal. Cervix appears normal.

OVARIES :

Right ovary measures 7.7 x 4.4 x 6.5 cm, volume = 117 cc.

Left ovary measures 4.9 x 4.5 x 3.6 cm, volume = 42 cc.

Both ovaries are bulky in size (right > left) with evidence of large cyst in right ovary with low level echoes of size 6.7 x 3.3 x 4.2 cm, volume = 49 cc ? endometriotic / hemorrhagic cyst.

A cyst also seen in left ovary of size 3.7 x 3.1 x 2.6 cm, volume = 16 cc.

Pouch of douglas clear.

No ascites or enlarged para-aortic lymph node is seen.

IMPRESSION : Findings Reveals :

1. Mild hepatomegaly.
2. Bulky uterus.
3. Bulky both ovaries (right > left) with cysts as described.

Please correlate clinically.

(M)Thapa ✓

Dr. Manjari Thapa Manger
MD(RADIO-DIAGNOSIS)
CONSULTANT RADIOLOGIST

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Page 2 of 2

RADIOLOGY REPORT

Patient Name	: Mrs. MST. NASRIN BEGUM	Requested By	: Dr. SINDHU BALA
Age/Sex	: 41 Y/F	Order From	: OPD
MRN	: UID110000234283	Report Date &	: 29-5-2019 11:33:23
Procedure Date	: 29.05.2019	Time	

USG - TVS

UTERUS :

Uterus measures 9.3 x 5.0 x 5.3 cm. Uterus is bulky in size, with normal shape, position and echotexture. Endometrial thickness appears normal & it measures 8.7 mm. The cervix and vagina are normal.

OVARIES :

Right ovary measures 8.3 x 4.4 x 4.8 cm, volume is 93.7 cc.

Left ovary measures 4.0 x 4.7 x 3.5 cm, volume is 35 cc.

Both ovaries are bulky in size (right > left). A large cyst is seen in right ovary with low level echoes ? haemorrhagic / endometriotic cyst of size 4.4 x 4 x 6.6 cm, volume = 62 cc. Right ovary appears adherent to fundus of uterus.

A simple cyst also seen in left ovary of size 3.6 x 3.5 x 2.6 cm ? nature.

URINARY BLADDER : Appears normal in size and contour. No evidence of intraluminal pathology.

OTHERS

No evidence of free fluid in abdomen.

No evidence of lymphadenopathy.

IMPRESSION : Findings Reveals :

1. Bulky uterus.
2. Bulky both ovaries with cysts as described.

Please correlate clinically.

(Mthapa)

Dr. Manjari Thapa Manger
MD(RADIO-DIAGNOSIS)
CONSULTANT RADIOLOGIST

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RADIOLOGY REPORT

Patient Name	: Mrs. MST. NASRIN BEGUM	Requested By	: Dr. SINDHU BALA
Age/Sex	: 41Y/F	Order From	: OPD
MRN	: UID110000234283	Report Date &	: 29-5-2019 11:29:22
Procedure Date	: 29.05.2019	Time	

ULTRASOUND OF BOTH BREASTS

All four quadrants of both breasts reveal normal parenchymal echotexture. No parenchymal solid or cystic lesion is seen. No parenchymal macro calcification is noted.

Fibro-glandular tissues are normal. Mammary ducts and ductules are normal.

Nipple -areolar complex is normal.

Axillary tails are normal.

Overlying skin is intact.

No regional lymphadenopathy noted.

IMPRESSION : → No significant abnormality detected.

Please correlate clinically.

Mthapa

Dr. Manjari Thapa Manger
MD(RADIO-DIAGNOSIS)
CONSULTANT RADIOLOGIST

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