

Dr. UMA KRISHNASWAMY

MS,FRCSEd,FRCSEng,FFSTEd,FAIS,MA

Breast Surgeon.

GENERAL SURGERY

Outpatient Summary and Prescription

Senior Consultant

Mrs. HASYAMAYE BASAK

UHID : AC01.0005144183

Female, DOB : 21-OCT-1978(44Y 11M 13D) OP Number - Visit ID : OP8621712-1 Visit Date : 04-Oct-2023

Address : CHALKDEVPARA Naogaon Other-District-Bangladesh 000000 Other-State-Bangladesh
Bangladesh

Phone : 880-7063248580

Allergy :- No Known Allergy

CHIEF COMPLAINTS

Quies Bilateral Breasts Lumps : 4 months
Size Decrease
pain +
Elicited nipple discharge R

HISTORY OF PRESENT ILLNESS

Menstrual History : Regular

PAST MEDICAL HISTORY

2 Children CSX2
OCP 5 months ago
intermittant 8 yrs(Visit Date:04 OCT 2023)

VITALS

• Temperature	: 98.20 F	(04-Oct-2023 09:14 AM)
• Pulse Rate	: 100 /min	(04-Oct-2023 09:14 AM)
• BP	: 100/70 mmHg	(04-Oct-2023 09:14 AM)
• Resp Rate	: 18 /mt	(04-Oct-2023 09:14 AM)
• SpO2	: 98 %	(04-Oct-2023 09:14 AM)
• Height	: 159 Cm	(04-Oct-2023 09:14 AM)
• Weight	: 59.10 Kg	(04-Oct-2023 09:14 AM)
• BMI	: 23.34	(04-Oct-2023 09:14 AM)
• BSA	: 1.61	(04-Oct-2023 09:14 AM)
• Pain Score	: 0	(04-Oct-2023 09:14 AM)

PHYSICAL EXAMINATION

Breasts : normal

DIAGNOSIS :

1 . Mastalgia

ADVICE

To Do,
Mammograms (Apollo heart Centre) Dr. samundeeswari

Life Style Modification
Warm water formentation
VOLINI gel 1 tube topical use

PHARMACY HELP LINE

DEVARAJ. P

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COURIER CHARGE FREE