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## IBN SINA DIAGNOSTIC & CONSULTATION CENTER, BOGURA

## EXERCISE TOLERANCE TEST REPORT

I.D. No

K177363

Received date: 3 Mar 2021

Printed date: 3 Mar 2021 04:29PM

Name of Pt. :

Md Enamul Haque

Age: 45 y(s)

Sex: Male

Referred by:

Associate Prof. Dr. Borhan Uddin Ahmed. MBBS, MCPS, D-CARD

Part Scanned:

ETT

Clinical

Height

: 68 Inches

Weight: 82 kg.

Information:

Resting ECG: Within normal limit.

Medication: None

Purpose: Screening of IHD.

Phase	Stage	Time (Min)	Speed (MPH)	Elevation (% Grade)	Heart rate	BP (mmHg)
Pre-ex	Standing				91	120/80
Exercise (Bruce)	Stage 1	3	1.7	10	111	130/80
	Stage 2	3	2.5	12	125	140/90
	Stage 3	3	3.4	14	146	150/90
	Stage 4					
Recovery	2 min	2	•		160	150/90
	4 min	2			115	150/90
	6 min	2	-		101	140/80
	8 min					

Reason for Termination

: General fatigue, attained target HR (85% Max. pred. HR).

Exercise time

: 10 Min 30 Sec.

Max. Speed

: 3.4 MPH.

: 14%.

Estimated Max. workload

: 12.1 METs.

Peak HR achieved

: 159 bpm (% 106 Maximum Pred. HR)

Impression:

ETT was done according to bruce protocol.

> Resting ECG was normal.

> Good exercise capacity.

> Normal haemodynamic & chronotrophic response.

> Test was terminated due to attainment of THR & fatigue.

No significant ST-T changes are seen during exercise & recovery period.

Conclusion: ETT is Negative for electrocardiographic evidence of inducible myocardial ischaemia.

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