



evercare

HOSPITAL DHAKA



Organization Accredited by Joint Commission International

UHD No. : 123123	VISIT No. : 1736185
PATIENT NAME : SAIF MAHMUD	AGE/GENDER : Male/19 Yr 4 Mth 0 Days
DR INCHARGE : Dr. M ALI JOINT CARE AND WELLNESS CENTER	DISCHARGE ON :
ADDRESS : VARARIA SHUMULIA DHAKA DHAKA BANGLADESH	

JOINT CARE AND WELLNESS CENTER CONSULTATION SUMMARY

CHIEF COMPLAINTS

Chief Complaint 07.03.2023

H/O SPORTS INJURY FOLLOWED BY PAIN & SWELLING LT KNEE ON 15.07.2022
THIGH MUSCLE WASTING
DIFFICULTY IN BENDING, SQUATTING ,CLIMBING STAIRS
CLICKING SOUND WHILE WALKING

MRI LT KENE (16.40.2022): MCL SPRAIN

IMPRESSION

IMPRESSION :POST TRAUMATIC KNEE PAIN LT WITH OCD WITH EXTENSION LAG
PLAN OF CARE :PLAN :SURGERY (ARTHROSCOPIC REMOVAL OF LOOSE BODY)

ADVICE

PHYSIOTHERAPY :PHYSIOTHERAPY

INVESTIGATION ORDER

1.KNEE- LEFT- AP & LATERAL (X-RAY) Remarks: .

Ⓜ knee joint MRI → LEFT
K/1308

1. GLUCOSAMINE Sulfate 150 MG + CHONDROITIN Sulfate 120 MG + Udenatured Type II COLLAGEN 40 MG : 1 N once a Day - for 30 Day(s) (Oral), After Dinner, TAB.SYNOGEN PLUS
2. VITAMIN D3 (CHOLECALCIFEROL 40,000 IU) Capsule : 1 Capsule(s) - once a week - for 1 Month(s) (Oral), After F
3. NAPROXEN 375 MG+ESOMEPRAZOLE 20 MG : 1 Tablet(s) - 2 times a day - As Instructed (Oral), After Food, IF P.

AT.

MRI Ⓜ knee : Mild joint effusion .

Dr. M. Ali
Sr. Consultant & Coordinator
Ortho. Trauma & Evercare Knee Center
ID-12351
Date..... Time.....
Evercare Hospital Dhaka



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HOSPITAL DHAKA

Transforming Healthcare



INVESTIGATION REPORT

Lab/Manual No	: 1417722	Order No	: OP23/809246
Patient Name	: SAIF MAHMUD	UHID	: 1123123
Age/Gender	: 19 Y/M	Sample Collected	: 19/03/2023 10:54AM
Referred By	: Dr. M ALI JOINT CARE AND WELLNESS CENTER	Sample Received	: 19/03/2023 3:59PM
Ward/Bed No	: OPD	Report Date	: 20/03/2023 11:40AM
Clinical History	:	Report Status	: Final

MRI

KNEE JOINT - LEFT (MRI)

Brief Clinical Notes: H/o sports injury followed by pain and swelling of left knee.

Techniques: PD FS Axial, T1 Coronal, T2 FS Coronal, T2 Sagittal and PD FS Sagittal.

Findings: (Reporting on films and PACS).

The anterior cruciate ligament (ACL) & the posterior cruciate ligament (PCL) are intact with normal signal characteristics.

The medial & lateral menisci have normal morphology & signal intensity without any evidence of tear.

The medial & lateral collateral ligaments are intact. The extensor mechanism is intact.

Articular cartilage of condyles of femur, tibia and patella is unremarkable.

No acute bone marrow contusion is identified.

Patellar tendon is intact.

Mild joint effusion is noted.

Impression:

Mild joint effusion.

--- End of Report ---

Dr. BRIG GEN RETD PROF MD
SAIFUL ISLAM
SENIOR CONSULTANT

Prepared By Ms. RAZIA KHATUN

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HOSPITAL DHAKA



UHD No	Forming Head	1123123	VISIT No.	1760373
PATIENT NAME	:	SAIF MAHMUD	AGE/GENDER	: Male/19 Yr 4 Mth 14 Days
DR INCHARGE	:	Dr. M ALI JOINT CARE AND WELLNESS CENTER	DISCHARGE ON	:
ADDRESS	:	VARARIA SHUMULIA DHAKA DHAKA BANGLADESH		

JOINT CARE AND WELLNESS CENTER CONSULTATION SUMMARY

CHIEF COMPLAINTS

Chief Complaint 21.03.2023
CAME WITH REPORTS

POST TRAUMATIC KNEE PAIN LT WITH OCD WITH EXTENSIN LAG

PLAN :D/A WITH REMOVAL OF LOOSE BODY

ADVICE:
:CONTACT TO DR.SHIHAT:01715066956 FOR SURGERY DETAILS

07.03.2023

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