





## AHC MEDICAL SUMMARY

Mr. MD AFSAR ALI MONDAL (56 /M)

UHID : AHC1.0000229635

AHC No : CHNHC190345

Date : 25/01/2023

Apollo ProHealth Regal (Whole Body) Program

Next assessment date : 25/01/2024

Hi, I am Dr. [Name] and I am pleased to meet you. Welcome to Apollo ProHealth, India's first AI-powered health management program, designed to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

• Your medical history and physical examination reports

- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

Scan the QR code to access your digital smart report, anytime anywhere!





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Name : Mr. MD AFSAR ALI MONDAL (56 /M)

Date : 25/01/2023

Address : NO.67/2, SEROIL MOIHPUKUR CHORAMARA, BOALIA, RAJSHAH,  
OTHER-CITY-BANGLADESH, OTHER-DISTRICT-BANGLADESH,  
OTHER-STATE-BANGLADESH, BANGLADESH

Examined by : Dr. SADHANA DHAVAPALANI

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## Chief Complaints

For general health checkup

Chest Pain

## Present Known illness

No history of - Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease



## Drug Allergy

NO KNOWN ALLERGY

:25/01/2023



## Systemic Review

- Cardiovascular system** : Chest pain - on and off; Since - 2 years, associated with mental stress, no radiation, no breathing difficulty; Breathing difficulty - no
- Respiratory system** : - has common cold
- Oral and dental** : - Nil Significant
- Gastrointestinal system** : Appetite - normal; Bowel habits - regular
- Genitourinary system** : Dysuria/burning micturition - intermittent
- Central nervous system** : Sleep - adequate
- Eyes** : Vision - normal with glasses
- ENT** : - Normal hearing
- Musculoskeletal system** :
- Spine and joints** :  
Knee (bilateral) - pain
- Skin** : - Nil Significant
- Weight** : - stable
- General symptoms** : - Nil Significant



**Present medications** : - Nil



**Past medical history**



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Do you have any allergies? - No  
Covid 19 - No



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 4  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary



## Family history

Father - has expired  
Mother - alive  
Coronary artery disease - none  
Cancer - None

## Physical Examination



### General

General appearance - normal  
Build - over weight  
Height - 162  
Weight - 81.2  
BMI - 30.94  
Pallor - No  
Icterus - No  
Cyanosis - No  
Clubbing - No  
Oedema - no  
Lymphadenopathy - no



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## Head and ENT

- No significant finding

## Oral and Dental

- No significant finding

## Cardiovascular system

Heart rate (Per minute) - 68

Rhythm - Regular

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

Murmurs - Nil

## Respiratory system

Breath sounds - Normal vesicular breath sounds, Normal

## Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

## Central nervous system

- No neurological deficit

## Eyes

- No significant finding

## Skin

- No significant finding

## Musculo Skeletal System

- No significant finding

## Surgical

Surgical exam done by - Dr.PREM AP



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Others - Nil  
Others - Nil  
Past surgical history - Nil  
Lumps - Nil  
Nodes - Nil  
Ulcers - Nil  
Deformities - Nil  
Periphereal blood vessels - NAD  
Organomegaly - Nil  
Hernia - nil  
Scrotum and testis - Normal  
Penis - Normal  
Anal and rectal examination - Normal  
Advice on further investigation - Nil  
Advice on surgery - Nil

## Cardiac consultation

Cardiac consultation done by - Dr.Arulnithi Ayyanathan  
Cardiac findings - No active cardiac issue  
Pre diabetic  
Obesity

## Ophthalmology consultation

Ophthalmology consultation done by - Dr.SARASWATHI  
Ophthalmology findings - OM full VA od 0.25/ 0.50 85 6/9 os 0.75 110 6/9 near add +2.50 N6 ant seg and fundus normal imp refractive error adv glasses yearly review

## ENT consultation

ENT consultation done by - Dr.Soorya Ajay Rao  
ENT findings - C/o occasional nose block 2 to 3 tinmes  
ayear - left side  
O/e Mild DSL  
Adv: X ray PNS

Printed By : SOORYAAJAY RAO

## AHC-HS TROPONIN I-PLASMA

Test Name	Result	Unit	Level	Range
HS (High Sensitive) Troponin I - Plasma	1.2	pg/mL(ng/L)	●	Category: 99th Percentile overall(Male and Females) : ≤26 Healthy Males: ≤34 HS Troponin I Risk Stratification Model: Males Low Risk : <6 pg/mL Medium Risk : 6 -12 pg/mL and High Risk : >12 pg/mL

## HEMOGRAM

Haemogram is a test panel that gives information about the cells in a patient's blood. Abnormally high or low counts may indicate the presence of many forms of disease, and hence blood counts are amongst the most commonly performed blood tests in medicine, as they can provide an overview of a patient's general health status.

Test Name	Result	Unit	Level	Range
Hemoglobin	13.3	gm/dl	●	13 - 18
Packed cell volume(Calculated)	41	%	●	40 - 54
WBC Count	6.93	10 <sup>9</sup> /mm <sup>3</sup>	●	4 - 11
Platelet Count	150	10 <sup>9</sup> /mm <sup>3</sup>	●	150 - 450
RBC Count	4.5	Million/ul	●	4.2 - 6.5
MCV	92	fl	●	75 - 95
MCH(Calculated)	30	pg	●	26 - 32
MCHC(Calculated)	32	g/dl	●	31 - 36
RDW	14.7 *	%	●	11.6-14.5
ESR	23 *	mm/hr	●	0-15
Neutrophils	65	%	●	40 - 80
Lymphocytes	24	%	●	20 - 40
Eosinophils	5	%	●	01 - 06
Monocytes	5	%	●	2 - 10
Basophils	1	%	●	0 - 1

## APHC SUGAR

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	102 *	mg/dL	●	≤99 Increase risk of diabetes(Impaired fasting Glucose):100-125; Diabetic>=126

● Within Normal Range    
 ● Borderline High/Low    
 ● Out of Range



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Glycosylated Hemoglobin (HbA1c)	6.1 *	%	●	Normal < 5.7% Increased risk for Diabetes 5.7 - 6.4% Diabetes > = 6.5%
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### AHC RENAL PARAMETERS

Test Name	Result	Unit	Level	Range
Urea	35	mg/dL	●	13 - 43
Creatinine - Serum	1.0	mg/dL	●	Male: 0.7 - 1.3
Uric Acid - Serum	7.2	mg/dL	●	Male: 3.5 - 7.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	154	mg/dL	●	Desirable: <200 Borderline High: 200 - 239 High: >=240
HDL Cholesterol	33 *	mg/dL	●	Low: <40 Desirable : >=40
LDL Cholesterol (Direct LDL)	103	mg/dL	●	<100 Optimal 100-129 Near optimal/above optimal 130-159 Borderline high 160-189 High >=190 Very high
Triglycerides - Serum	106	mg/dL	●	Desirable: <150 Borderline High: 150 - 199 High: >=200 Very High: >=500
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	4.7 *		●	< 4.5

### AHC LFT PACKAGE

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM (Diazo Reaction):	0.3	mg/dL	●	0.0-1.3
BILIRUBIN CONJUGATED (DIRECT) - SERUM:	0.1	mg/dL	●	0.0-0.5

● Within Normal Range      ● Borderline High/Low      ● Out of Range