



YORK HOSPITAL

Dr. Debashis Chowdhury
MBBS, MSc in Sports Medicine (UK)
American College of Sports Medicine
Certified Health and Fitness Instructor
Ex-consultant-B.K.S.P
Sports Physician-Bangladesh Cricket Board
Consultant Sports Physician

Name: MS. Radia Arabi Age: 16y Sex: ♀ Date: 04/06/2023

T/F	PR/min	RR/min	B P mmHg	Weight(kg)	Height(cm)	Allergies	DM	HTN	Asthma	Arthritis	Others

Rx

L5 Lumber Radiculopathy (LT)

"Red Flag" sign present

Advice

- Surgical Management
- ADL advice
- Rehab Exercise

Referred to MIGT Hospital, Chennai, India
for further management.

Dr. Debashis Chowdhury
04/06/2023

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