



MEDICAL PRESCRIPTION

UHID : 10022127 **Visit Dt/No.** : 28/03/2023 / 118376
Patient Name : Mst. SHAMSUN NAHAR **Age/sex** : 51 Yr 9 Mth 27 Days/F
Vital Details : Height: (cm), Weight: (kg), BP: /, BMI:

Pharmacy Order		
SNo		Duration
Prescription No: 2314047, Prescription Date: 28/03/2023 18:34		
1	Generic Name: ELTROMBOPAG OLAMINE 25 MG Instruction 1 Tablet(s) - 2 times a day - for 7 Day(s) (Oral), Empty Stomach Tab. Eltrom 25 mg (2+0+0) ✓	7 Day(s)
2	Generic Name: FOLIC ACID 5 mg Tablet ✓ Instruction 1 Tablet(s) - 3 times a day - for 3 Day(s) (Oral), After Food Tab. Folison (1+1+1)	3 Day(s)
3	Generic Name: Dexamethasone USP 4 mg ✓ Instruction 1 Tablet(s) - 2 times a day - for 3 Day(s) (Oral), After Food Tab. Sonexa 4 mg (1+0+1)	3 Day(s)
4	Generic Name: BETAHISTINE 16 MG ✓ Instruction 1 Tablet(s) - 3 times a day - As Instructed (Oral), After Food Tab. Menaril 16mg (1+1+1)-----if vertigo.	As Instructed
5	Generic Name: PALONOSETRON 0.5 MG ✓ Instruction 1 Tablet(s) - 2 times a day - As Instructed (Oral), Before Food Tab. Paloxi 0.5mg (1+0+1)---- if vomiting	As Instructed
6	Generic Name: APREPITANT 40 MG ✓ Instruction 1 Capsule(s) - 3 times a day - As Instructed (Oral), Before Food Cap. Emestop 40mg (1+1+1)----if excessive vomiting, 3 cap start at morning before the chemo day.	As Instructed

In case of experiencing any allergic reaction, skin rashes or any other reactions which you think may be due to medication, please contact immediately to emergency of Labaid Cancer Hospital Dhaka. Emergency Contact no - 09666710001,0176666222

Prescribed By : **Prof Dr Brig Gen Md Yousuf Ali**

Printed By:7400

Note: This is a computer generated prescription

Print Date : 28/03/2023 18:34

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LABAID CANCER HOSPITAL AND SUPER SPECIALITY CENTRE

26 Green Road, Dhanmondi, Dhaka 1205, Customer Care: 09666710001, 09666710664

Web: www.labaidcancer.com, Email: info@labaidcancer.com



UHID No.	: 10022127	VISIT No.	: 23/1919
PATIENT NAME	: Mst. SHAMSUN NAHAR	AGE/GENDER	: 51 Yrs/Female
BED CATEGORY	: CHEMOTHERAPY DAYCARE BED	ADMISSION ON	: 29/03/2023 10:19 AM
BED NO	: CB-6	DISCHARGE ON	: 29/03/2023
DR INCHARGE	: Prof Dr Brig Gen Md Yousuf Ali		
ADDRESS	: UTTARA H - 17 R - 17, , DHAKA, DHAKA, BANGLADESH		

Diagnosis :Ca L1 breast with LN metastasis (Hydro-marker in situ).
Histopathology Report :IDC, G-II, LVSI +ve, PNI +ve (Lt Breast tissue).
FNAC From Lt axillary LNs: metastatic ductal carcinoma of breast origin.
Immunohistochemistry : ER +ve, PR -ve, HER 2 -ve , Ki67 (50 %).
Comorbidities: Nil.
History of surgery/procedure : Hysterectomy was done in Aug 2015.
Blood Group : Not known.
Chief complaints: Anorexia, generalized weakness

Chemotherapy Plan: NACT ^ Dose-dense AC-P, 8 Cy + Bony stabilizing therapy (Zoledronate/ Denosumab) fol by Sx fol by locoregional RT (VMAT) & RT to bone (VMAT/SBRT) + HT+/- SERD

Chemotherapy protocol :

Weight	72.5 Kg	Chemotherapy	Inj. Paclitaxel 260 mg + Inj Carboplatin 750 mg
Height	151cm	Interval	3 weekly
BSA	1.74	GCSF	Inj. Peg-Filgrastim 6mg (D3)

Course in the hospital: Patient was admitted in this hospital on 29/03/23 to receive **Cycle-5 with Inj. Paclitaxel 260 mg + Inj Carboplatin 750 mg** chemotherapy and completed it without any immediate reaction.

Condition during discharge: Patient is hemodynamically stable & is being discharged.

Treatment discharge :

Medicine	Frequency	Duration	Instruction
Tab Menaril 16 mg	1+1+1	if vertigo	P/O after meal
Tab. Palonosetron (Paloxi)0.5mg	1+0+1	5 days & if nausea	P/O 15 min before meal
Cap Emestop 40 mg	1+1+1	if nausea & vomiting	P/O after meal
Tab. Rivotril 0.5mg	0+0+1	if sleep disturbance	P/O after meal
Tab Omidon 10mg	1+1+1	Continue	P/O before meal (stops if loose motion)
Tab Pantonix 40 mg	1+0+1	Continue	P/O before meal
Tab. Mezest 160 mg	1+0+1	If anorexia	P/O after meal



CONSULTATION SUMMARY

UHID	: 10022127	Patient Name	: Mst. SHAMSUN NAHAR
Age/Sex	: Female/51 Yr 9 Mth 27 Days	Doctor name	: Prof Dr Brig Gen Md Yousuf Ali
Visit No	: Revisit	Visit Date	: 28/03/2023 4:59PM
Telephone	: 01788593316	Referred by	: SOCIAL MEDIA(FB)
Address	: UTTARA H - 17 R - 17 DHAKA DHAKA BANGLADESH		

CHIEF COMPLAINTS

Regis: 12 Jan 23, Pabna/Uttara, Dhaka Ref- Self Online/ Dr SK Farid Ahmed, Sr. Oncoplastic Surgeon

Co-morbidity: Hysterectomy in Aug 2015

BP- 130/90 mmHg, Wt- 72.5 kg, Ht- 151 cm Economy- average

Ca Lt breast UOQ (3.2x2.5 cm), locoregional disease ^ suspected D10 lesion, IDC, G-II, IHC- ER +ve, PR-ve, Her2 -ve, Ki67 (50%), Dx on 14 Dec 22

C/F- Lump in Lt breast & axilla- 9 months

9 Dec 22: CA 15.3- 38.62

Usg both breasts - Mass (3.2x2.5 cm) in upper outer quad (1-2 o'clock position) of Lt breast ^ Lt axillary LNpathy (2x1.4 cm), BIRADS - 5

FNAC- Proliferative breast disease with atypia

14 Dec 22: Hx of Lt breast tissue- IDC, G-II, LVSI +ve, PNI +ve

25 Dec 22: Hb- 12.7, TC- 5790, N- 61%, PC- 123K, Cr- 0.69, ALT- 26, ECG- N, EF- 67%, CXR- N, Usg WA- Cholelithiasis
Mammography- Mass in Lt breast ^ bil axillary LNpathy (Rt > Lt) , BIRADS- 5

27 Dec 22: IHC- ER +ve, PR-ve, Her2 -ve, Ki67 (50%)

15 Jan 23: FNAC from Lt axillary LNs- Metastatic ductal ca of breast origin

19 Jan 23: Usg Lt breast- Mass (3.5x3.2 cm) at 2 o'clock position in Lt breast (? malignancy) ^ mass (0.9x0.6 cm) in Lt breast (? lipoma) ^ Lt axillary LNpathy (largest 1.88x1.53 cm)

PET-CT- Active lesions in Lt breast, Lt axillary LNs & D10 vertebra

FSH, Alk Phos, Ca++, TSH -pending

CONSULTATION SUMMARY

UHID : 10022127 Patient Name : Mst. SHAMSUN NAHAR

Hydro-marker in situ

Plan: NACT ^ Dose-dense AC-PC, 8 Cy + Bony stabilizing therapy (Denosumab, during chemo/Zoledronate, after chemo) fol by Sx fol by locoregional RT & RT to bone (preferably high precision) + HT +/- CDK4/6i/SERD

12 Mar 23: BP- 110/70 mmHg, Wt- 68 kg

C/F- Nausea, anorexia, occasional vertigo

Hb- 10.9, TC- 6360, N- 78%, PC- 100 K, Cr- 0.57 mg/dl, Ca- 8.6

28 Mar 23: BP- 110/80 mmHg, Wt- 68 kg

On chemo ^ Dose dense AC fol by PC from 28 Jan 23, C3 on 27 Feb 23, C4 on 15 Mar 23, C5 due on 29 Mar 23

On Denosumab from 12 Feb 23, Dose-2 on 14 Mar 23, Dose-3 due

C/F- Anorexia, constipation following chemo

Hb- 10.5, TC- 7400, N- 78%, PC- 117 K, Cr- 0.53 mg/dl

MANAGEMENT PLAN

Adv:

1. Please start chemo C5 with Paclitaxel 260 mg + Inj. Carboplatin 750 mg at Daycare on 29 Mar-23.
2. Inj. Denosumab 120 mg S.C (60mg X 2) on 4 Apr-23.
3. Next review On 19 Apr -23.

* Please collect your Medicine/Investigation prescription from any Billing counter.
* Now you may pay your Hospital bills and book your Doctor's appointment online. Please visit www.labaidcancer.com
* Please make prior appointment for your next shedule visit. Appointment Cell Center
Phone no: 09666-710001

Prof Dr Brig Gen Md Yousuf Ali

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