

Mr Ashik Bin Mamun

24 Mar 2022, , 27 Y, M, Ph: 8497882206, MRN - 10010000953276

24 Mar 2022 - Visit No. 3 Summary

Dear Mr Ashik Bin Mamun, thank you for consulting me.

Note from your doctor

SMOKER- ADVISED TO STOP

NO EXERTIONAL SYMPTOMS
UNCLE AND NEPHEW HAVE HEART DISEASE
RECENT TMT-14/02/2022- GOOD EFFORT TOLERANCE- NEGATIVE
FOR INDUCIBLE ISCHEMIA

ADVICE

LIFESTYLE MODIFICATION

STOP SMOKING

WALK DAILY

DIET MODIFICATION

CHECK FASTING LIPID PROFILE AFTER 4-6 MONTHS

Care Plan

- I also recommend that you consult a:

PULMONOLOGIST: Dr Ishan Ashok Capoor → 1st floor

VITALS	24 MAR 2022
HR	Regular: 96 bpm
JVP	Sitting: Normal
BP 1	Right Arm Sitting 134/80